

St Vincent's Sports Cardiology Seminar

Presented by Dr Andre La Gerche – cardiologist and sports researcher

Monday 2nd August 6.30 – 8.00pm

**Location: St Vincent's Hospital Melbourne
41 Victoria Parade, Fitzroy VIC 3065
Michael Chamberlain Lecture Theatre Aikenhead Building**

6.30 – 7.15 pm: Endurance sports and the heart

non-technical forum for athletes and general public

- live longer, live better
- can you 'over-train' the heart?
- heart rhythm issues in athletes
- open discussion & coffee break

7.20 – 8.00 pm: Sports cardiology advances

More scientific: designed for medicos and non-medicos alike

- exercise and the right side of the heart
- blood flow through the lungs during exercise
- effects of endurance races on heart function
- open discussion

Inquiries: Andre.LaGerche@svhm.org.au

RSVP not required