

## News section

A number of members have been asking for a comparison of the ATFCA level 1 and 2 course content against the new level 1 and 2 being developed by AA and the ASC and why the courses developed over almost 4 decades have been replaced.

The simple answer is that the Australian Sports Commission requires each sport to manage its own coach education programs. So Athletics Australia's Board has directed its staff to replace the Australian Track and Field Coaches Association 5 level system with its own structure. The new Beginning Coach Course and accreditation, launched last weekend, is a major step in that direction.

While I would like to be able to make a comparison, the Beginning Coach course still has a few minor points to be addressed and after the pilot course presentation in NSW (May 22<sup>nd</sup>.) a more complete view of the course will be posted on this site.

So for the moment, here is a profile of the ATFCA courses that are currently being replaced by the 1 day ASC approved AA L1 (1/5/2010) and the AA L2 (1/7/2010). The ATFCA's authorisation for its courses as a national approved coaching accreditation ceased for the level 1 course 31/12/2009 although this was later extended to 31/3/2010 due to ongoing delays associated with the preparation of the AA level 1 (Beginning coach).

Authorisation for the ATFCA level 2 ends on the 30/6/2010 so presumably the May 8/9 ATFCA L2 will be the last ATFCA level 2 before the AA system operates.

Bryan Neighbour  
Victorian Branch Coach Education Coordinator.

<b>Overview of the Basic Course (Level I)</b> <b>2 days</b> <b>Unit Name</b>	<b>Overview of the Course (Level II)</b> <b>2 days</b> <b>Unit Name</b>
Basic background to course, housekeeping etc + What's it all about?	Basic Anatomy
The Instructional Process	Basic Physiology, including nutrition and hydration
Warm Up and Flexibility	Biomechanics
Sprints	
Long Jump	
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<p>Shot Put</p> <p>Discus</p> <p>High Jump</p> <p>Distance Running</p> <p>Race Walking</p> <p>Hurdles</p> <p>Javelin</p> <p>Triple Jump</p> <p>Relays</p> <p>Conditioning Process &amp; Program Planning</p> <p>Structure of Sport, Introducing ATFCA,</p> <p>Role of the Coach, Communication, Planning,</p> <p>Physical Conditioning, Sport Safety and the</p> <p>Law</p>	<p>Event Specialist sessions (x4 2 hrs)</p> <p><i>(E.g. Throws event specialisation covers 2hrs for shot put, 2hrs for discus, 2hrs for javelin and 2 hrs for hammer throw)</i></p> <p>Growth and Development</p> <p>Drugs in Sport</p> <p>Women in sport</p>
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